



BARCELONA

15th National Selection Conference of EYP España

EUROPEAN **YOUTH** PARLIAMENT
ESPAÑA SPAIN



WELCOME BOOKLET

Barcelona 2020 | 15th National Selection Conference of EYP España



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WELCOME NOTE FROM THE HOS

Dear Delegates,

Welcome to Barcelona 2020!

We are Nora, Anna and Paula, Head organisers of this session and we couldn't be happier to finally have you on board. With you being part of this, this project, it's becoming a reality!

In this booklet you'll find all the information about a session we've been planning for about a year and a half. Barcelona 2020 started as an excuse for us to hang out more often and to finally project everything we've learned during this year in EYP. The journey that you're now starting, for us, has meant discovering, new experiences and a lot of understanding. Barcelona 2020 is now a team of people that believed in our vision and that has worked very hard to create an inspiring, unique, conscious and sustainable experience for you to live!

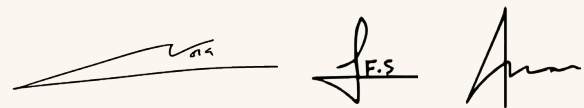
Our main objective for this session is to create an inclusive space that promotes sustainability in all its forms. Participants have been our center of attention from the beginning, and that's why we will work hard to ensure your well-being and make sure that you always feel comfortable; while working on the committee topics, the session theme, and trying to generate a positive impact in the community and the city that hosts this event, Barcelona.

We understand that the National Session is the starting point of a new generation of EYPE and we believe in the need to foster a comfortable

space where future volunteers who carry out this organization can establish links between them, planting the roots of the future EYPE from a healthy and sustainable base.

Dear future delegates, from the organisational team of Barcelona 2020, we encourage you to be the change you want to see in the world, and to sustain it, to commit to it, to pursue it, and to fight it. To learn, to unlearn and to relearn. We encourage you to listen to the others and to yourself, to get creative, to feel and to express, and we hope Barcelona 2020 offers you a space where you can do so, freely.

Can't wait to start!



Nora, Paula & Anna

Head Organisers of the session

#SustainTheChange



WELCOME NOTE FROM THE PRESIDENT

Dear officials, participants, people,

With the 15th National Selection Conference of EYPE approaching, so is a new context being formed (even as you, the participant, are reading this), a new body of knowledge produced, and new agents of said knowledge coming to fruition.

The session theme “Sustain the change”, though consistent of three words, holds countless important grains of thought to consider - sustainability of the exchange of knowledge, particularity of each person’s context, and movement towards pertinent change. In this session, the key to success, to “sustaining the change”, is the presence of your context, your knowledge, your interaction with the knowledge to bring about important change.

Firstly, I invite you to the context in which we will break the boundaries of conventional EYP knowledge, not just confining experiences to teams, but opening up spaces for discussion for the future generations as well as the experienced thinkers of the past generations.

Secondly, I invite you to acknowledge your own context and upbringing and consider the intersectional perspective you can bring to the greater and more holistic change, making sure that you can use your particularity to give back to that greater space of ideas.

And, thirdly, I invite you to structure and revise your perception of ideas contributing to greater change, be it by changing your conception of what is “liberty” or by understanding more about the present socio-economic, political, and even creative environment from the perspective of someone else (perhaps, me).



Maciek Kryński

President of the Session



WELCOME NOTE FROM THE EDITRESS

Just like Maciek brought out: ["If we want to know something, the answer is at our fingertips with a quick Google search"](#), I sat down with my computer, simply typed the word "change" and found myself digging through quotes encouraging people to make a change in the world and one particularly caught my attention:

"Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has."

— Margaret Mead

I grabbed a sheet and my favorite pen and start writing the sentence on it with capital letters. A small piece of tape on the back and the quote is joining so many others on the wall behind my desk. Most of the times, all the cheesy/inspiring/emotional quotes I hang up in front of my eyes turn out to be true; we can all contribute to make a change as it is a part of our daily life. Every second shapes our personality, affects our actions and, in the end, nothing ever stays the same. I like to think that there is a beauty in this. Nevertheless the shift change could bring to our lives might be quite scary still, we all continue to express the need to do things differently.

One way one can evolve is learning and collecting knowledge. It is especially true with the work we do in EYP and most of the time, the knowledge passes from one person to another without going further, just like a

shooting star fading out. Barcelona 2020 will be a place where the knowledge being a mix of experience, value, and context will spread and shared at a larger scale.

Dear delegates, during this session we will aimed at providing you with a safe place to share your ideas and where everyone's knowledge is deeply valued and recognised. By focusing on your well-being and supporting you with tools (and love), we want to make sure that Barcelona 2020 is a progress towards realizing your full potential.

Just like the little notes on my wall here to inspire me, I wish that Barcelona 2020 will inspire you to sustain the change. I truly hope you will enjoy this adventure as much as I am right now and see you very soon in Barcelona to make a change (why not?).

Warm hugs from France (and sometimes from Belgium),



Anouck Guillot

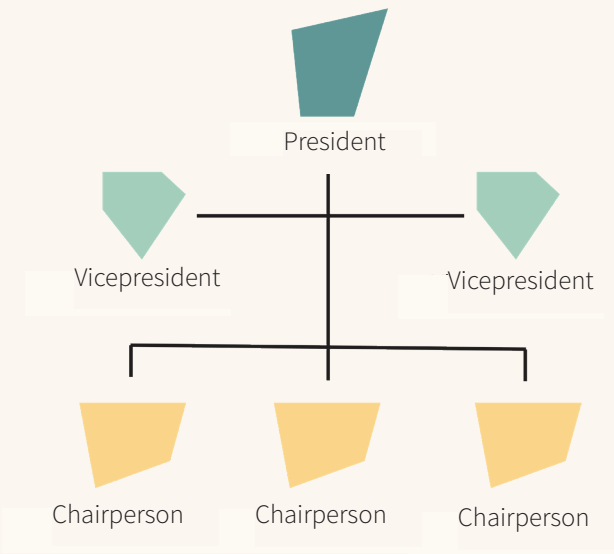
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TEAMS

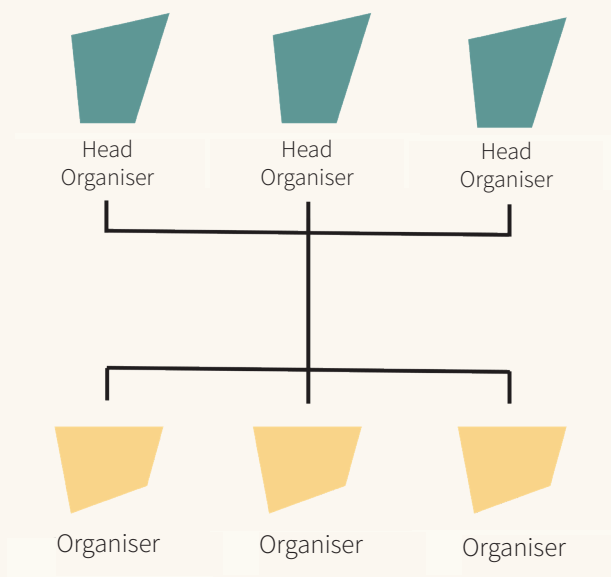
Chairs Team

The chairs team is formed by experienced members of the EYP who are in charge of guiding the delegates academically. The delegates will be divided into committees before the session, with each chairperson being in charge of one of the committees. Usually, the chair’s team is made up of 8 members who follow the directions of the Board, made up of 2 Vice-Presidents and the President of the session. They are in charge of supervising all the committees and ensuring the academic side of the event runs smoothly and is of a high standard.



Organising Team

The organising team is the core of the session. It is made up of 3 Head Organisers and 12 Organisers who are divided into different teams to better prepare all the different aspects of the session. The three teams that will help make Barcelona 2020 a reality are FOFI, PLEVA, and COPA. They are in charge of food and fundraising, protocol, logistics and venues, and communication and participant support respectively.



Media Team

The Media Team is the one in charge of immortalising the session and making it memorable to all the participants both during and after the session. They do this through videos, photos, and articles amongst other things. This team is lead by an Editor/Editress and 2 editorial assistants who lead a group of 8 journalists.



Event Safe Team

The Event Safe Team is in charge of ensuring the Welfare of all participants of the Session and making sure that the Session is a memorable and inclusive experience. It is formed by the National Safe Person and the Event Safe Person, who are there in case anyone suffers from discrimination, abuse (of trust), (sexual) harassment or violence, consent or child protection. We are all open to help you all, but these 2 roles have been specially trained to properly endure this important job.

“Teamwork is the fuel that allows common people to attain uncommon results”



BARCELONA, THE CITY

Barcelona is cradled in the North-Eastern Mediterranean coast of mainland Spain, about a 2 hour drive South from the French Pyrenees. Very few major European cities can give you all the assets of a capital city, with fine art and culture, along with 4.2 km of beach only a short walk away. Barcelona is also the capital city of Catalunya, a region of Northern Spain that has its own unique traditions, culture and language.

The city of Barcelona manages to cater to the demands of the modern world whilst ensuring that the new blends perfectly with the old. Many great painters and artists lived and worked here and their influence is still evident throughout the city. Two of which are Picasso and Miró, who have museums dedicated to some of their more important works, but there are also dozens of other museums and art galleries spread all around the city. Barcelona is also home to masterpieces of many great architects. The most famous of which is Antoni



Gaudí. His work is admired by architects around the world as being one of the most unique and distinctive styles in modern architecture. Additionally, if you find yourself wanting to relax and enjoy the Spanish weather, you can spend the day enjoying one of Barcelona's beaches which are only a stroll away from the city center.



SESSION THEME AND CONCEPT

EYP sessions always have a theme in which the whole event revolves around. Our theme for Barcelona 2020 is ‘Sustain the Change’. We are currently 10 years away from the end of the UN’s 2030 agenda, and we understand that to achieve an inclusive and sustainable future for the planet and everyone in it, we not only need to change our habits, but we must also commit to this change in order to sustain it and therefore provoke a positive impact on our surroundings. We believe that change starts from within ourselves and that it is nourished collectively by creating new shared values that promote this change. Barcelona 2020 strives to be an event that fosters a new model of global sustainability, starting with each one of us. Therefore, we will be promoting mental and physical health throughout the session by focusing on the importance of a balanced diet. We are also very aware of the importance of recycling, which will be a focus throughout the

session. Our objective is to make the session as eco-friendly as possible in order to minimise our environmental impact.

It is because of all of this that Barcelona is the perfect location to implement our theme. Barcelona is the first smart city in Spain and the fourth in Europe, and its ambition to improve and become ‘smarter’ makes it one of the most attractive cities in the world. However, we see Barcelona as a smart city both technologically and socially. It is productive and efficient through the innovation, creativity and ingenuity of the people that live in it. Our objective in this session is to give voice to a generation of creative and talented young people and to showcase the values of such an open, international, modern, friendly and interesting city like Barcelona.

But, we don’t want our theme to be superficial, we believe we can make participants feel the sustainability of the event and for that, we will be carrying out various activities around the theme, and around the 17 Sustainable Development Goals of the UN.



The **Get out of the box** workshop, will consist of dividing committees into 3 or 4 groups. Each group will then be assigned different activities in relation to the topic they're working on. The goal with this event is to get delegates thinking creatively, after days of long hours of committee work which can be tiresome for them.

The **Sustainability Fair** will be an amazing opportunity for delegates to get to know what measures have been put into place in Barcelona to make it a more sustainable city. It will be divided into 2 parts, the first will consist of a talk delivered by many representatives of the various businesses or NGOs which will assist. And later, these people will be at the Fair, where delegates and officials will have the chance of asking questions on a more personal level.

And our **Welfare Workshop**, which we truly believe will be very important throughout the session. It will be imparted twice during Barcelona 2020 and will consist of Mindfulness activities, helping all participants destress and be calm and present.



SESSION PROGRAMME

DAY 1 - WEDNESDAY 15th

15:00 - 16:30 Participants Arrival & Registration

18:00 - 19:30 Opening Ceremony

20:00 - 22:00 Spanish Night

DAY 2 - THURSDAY 16th

7:00 - 9:00 Wake Up Call & Breakfast

9:30 - 10:30 General Teambuilding

10:30 - 11:00 Coffee Break

11:00 - 13:00 Teambuilding

13:00 - 13:30 Lunch

14:00 - 15:00 Mental & Physical Health Activity

15:00 - 16:30 Teambuilding

16:30 - 17:30 Delegates Presentations

17:30 - 18:00 Coffee Break

18:00 - 20:00 Delegates Presentations

20:00 - 21:00 Dinner

DAY 3 - FRIDAY 17th

7:00 - 9:00 Wake Up Call & Breakfast

9:30 - 11:00 Committee Work

11:00 - 11:30 Coffee Break

11:30 - 13:00 Committee Work

13:00 - 14:30 Lunch

14:30 - 17:00 Committee Work

18:00 - 20:00 Get out of the Box Activity

20:30 - 21:15 Committee Dinners

DAY 4 - SATURDAY 18th

7:00 - 9:00 Wake Up Call & Breakfast

9:30 - 11:00 Committee Work

11:00 - 11:30 Coffee Break

11:30 - 13:00 Committee Work

13:00 - 14:30 Lunch

14:30 - 15:30 Committee Work

17:00 - 20:00 Sustainability Fair

20:00 - 21:00 Dinner

22:00 - 0:00 Farewell Party

DAY 5 - SUNDAY 19th

7:00 - 8:20 Wake Up Call & Breakfast

7:20 - 8:40 Check out

9:30 - 10:00 Opening of the General Assembly

10:00 - 11:30 Debate I & II

11:30 - 11:50 Coffee Break

12:00 - 14:15 Debate III, IV & V

14:15 - 14:50 Lunch

15:00 - 17:15 Debate VI, VII & VIII

17:15 - 17:50 Coffee Break

18:00 - 18:45 Debate IX

18:50 - 19:50 Closing Ceremony

20:00 - 00:00 Departures

DRESS CODE

Dressing respectfully and appropriately

The session will consist of a great variety of events, for which different types of clothing are advised. The suggested dress codes serve as guidelines for participants' clothing choices. The overall intention behind these guidelines is to ensure that participants will dress respectfully and appropriately, bearing in mind the nature of each event and the people that will be attending it. In no way does the aforementioned imply that a strict policy on clothing will be followed and we strongly discourage the use, purchase or acquisition of special items that you don't feel comfortable in.



FORMAL

Formal clothing is the one we would typically wear to General Assemblies in EYP sessions. Formal attire may include dresses, long trousers, ties, and shirts but includes suits with ties, dresses or appropriate length skirts with a professional appearance, although it is not compulsory to do so, and we recommend you to wear whatever you feel most comfortable in. It is important to remember that formal attire is usually not one that you would choose to wear to a club.

You are welcome to follow this dress code during the **Opening Ceremony** and **General Assembly**.



SMART

Everything in between formal and casual clothing is considered Smart clothing. It is definitely not necessary to wear a suit, just think about the clothes you would wear for high school/university and that will definitely be appropriate.

You are welcome to follow the aforementioned dress code during the **Committee Work**, **Committee Dinners** and **Sustainability Fair & Farewell**.



CASUAL

You are free to wear any type of clothing in which you feel comfortable as long as they are suited to the weather conditions of the moment. This dress code is particularly relevant during **Team building**, as it may include activities that involve running or getting dirty. We highly recommend you to avoid the pieces of clothing you like the most and opt for comfortable clothes instead.



OTHER

We encourage you to wear special and unique clothes in the **Spanish Night**. It is not mandatory to do so, however, it will be highly appreciated as it adds fun and makes the session more memorable.

RULES AND LEGAL NOTES

Even though a session involves lots of fun activities, the event is still an educational undertaking set with informal boundaries. Thus, participants need to act accordingly. Please note that drug and alcohol consumption is completely prohibited during the session and assistance to all activities throughout the event is compulsory.

Medication

Please note that the organisers are not allowed to buy medication for you should you need it. In this case, please make sure you bring all the medication needed for the duration of

the session with you, as you may have little chance to purchase more during the course of the session. During the session, Organisers will have a first aid kit, for small injuries like cuts or bruises. However, in any other case, you will be sent to a hospital, for this reason, you must have your Public Health Card or Health Insurance Card.

Leaving the Official Programme

Please note that all participants are expected to participate in all the official session elements listed in the Session section. The participants should be aware of the fact that managing a conference with around 100 participants

entails legal and insurance obligations for the Organising Team. This means that you cannot leave without the permission of an Organiser.

Alcohol and Drug-Policy

1. Only alcoholic beverages under the threshold of 15% Alcohol by Volume will be permitted at the session to participants over the age of 18 due to restrictions imposed by Spanish national law and the policies of the European Youth Parliament.

2. The above point applies to all events during the session (including e.g. Spanish Night and Committee Dinners), and during the full duration of the session outside of official program elements. Please do refrain from bringing or buying any hard alcohol.

3. All participants are expected to drink responsibly to a point that it does not hinder their attendance or participation in the session programme in full. Participants found overindulging or drinking alcohol over 15% will initially be given a warning by the Board of EYP Spain and the Organising Committee who will inform their corresponding chaperone; in case of a second violation, the participants in question will be sent home at their own expense.

4. The Organising Team, as well as the Board of EYP Spain, reserves the right to confiscate alcoholic drinks on grounds of high alcohol content, underaged drinking or overindulgence. Session participants who are not underaged may collect their confiscated

alcoholic beverages at the end of the Session.

5. The EYP operates a zero-tolerance policy on drugs and the possession of soft drugs is a criminal offense in Spain. If a participant uses drugs or is found to be in the possession of drugs, they will be removed from the session and sent home at their own expense. The participation fee will not be refunded. Any possession of hard drugs will be reported to the police and could result in an arrest.

6. The above applies to all session participants: Delegates, Officials, and Guests.

Welfare Policy

EYPE has a Welfare Policy, which covers rules regarding behavioural standards, e.g. discrimination, abuse (of trust), (sexual) harassment, violence, consent and child protection. Should the unfortunate event ever occur in which behavioural standards are not met, whether with regards to you or another participant, please do not hesitate to contact any official at the session. All officials have been briefed on how to support you in such a situation. Officials, in turn, are supported in these efforts by the appointed Safe Person of the session. You are also always free to contact the Safe Person directly with any issues or questions. Information about the assigned Safe Person will be given at the session.

Privacy

The European Youth Parliament stores and processes application data for the purpose of ensuring a smooth and adequate implementation of the event, and for the purpose of conducting an evaluation of the event. Your personal data will not be passed on to third parties and will be deleted 5 months after the event has taken place. You are free, at any time, to request the deletion of your data via barcelona@, in which case it will be immediately deleted. If you wish, you can also request for your data to be removed from the Members' Platform. If you do not indicate this your information will be kept until indicated otherwise. You can read more about your data privacy on the members' platform.



PACKING LIST

Barcelona in April tends to stay between 18° and 11°, usually with sunny days but, it can also get quite cloudy and chilly with some light rain so, to be prepared for Barcelona's unpredictable weather, we have crafted a list to make it easier for you to pack for the session.

Please bring appropriate clothes for each of the events that will be taking place, but, don't forget the essentials!

- ☐ Passport and/or ID.
- ☐ Visa (if needed).
- ☐ Public Health Card or Health Insurance Card.
- ☐ Euros! Spain's currency is the Euro, and remember, the Committee Dinner isn't covered by the session but runs around 15€, and if you want to purchase souvenirs or gifts, make sure to bring some cash with you, you may not have time to go to an ATM.
- ☐ Technological items you may need, Tablets, Laptops, Cameras... etc, and their respective charger but remember that the loss of any of these isn't the session's responsibility.
- ☐ An adaptor in case Spain's plugs aren't the same as your own.
- ☐ Flip Flops and towels, or you can buy them at the Hostel for 2.5€ if you reserve them in advance.
- ☐ Pencil case with pens, pencils and an eraser.
- ☐ Sunscreen or sunglasses.

FAQs & PRACTICAL INFORMATION

1. Can I cancel my participation at any time?

The payment of the participation fee is the ultimate proof of participation, which will secure the school's spot at the event. Once the payment has been made effective, the school will be sent the registration form in order to sign up their participating students.

In the case of a participant cancelling her/his attendance to the session, the school or said participant may claim refund of their participation fee up to 14 calendar days after it has been paid. This clause is of due appliance as long as the cancellation has been notified to the Head Organisers through the official email of the Session within the limits of the stipulated deadline.

If the participant's cancellation is notified later than those 2 weeks after payment, no refund can be claimed. However, the school may decide to send a replacement student to the session on behalf of the cancelled participant, as long as they notify such change at least 21 days before the session takes place.

2. What should I do if my luggage gets lost?

Having your luggage lost is always a very stressful moment. Although it may all seem quite overwhelming, try to avoid panicking about the situation and approach the Information window at the baggage claim area. They will instruct you on the steps you need to follow. It is important that you let the Organising Team know about the situation, so we can follow up on the status of your luggage and help you recover it. It is important that once you have followed the established protocol set out by the airline and contacted the Organising Team, you continue to attend the session program.

Furthermore, it is important that you are aware of your surroundings at all times and that you control your personal possessions, especially in airports and stations, so as to avoid theft or loss of your

3. Will there be access to Internet Connection?

Almost all venues have an internet connection that can be accessed with a password. It is worth mentioning that there may be times where internet connection via WiFi is rather limited if needed for organisational, academic or media purposes.

4. I have food allergy/special dietary needs. Will these be catered for?

Barcelona 2020 will ensure that your dietary needs are met. For this, you will receive a form in which you will have to state any special diet that you follow or any food allergies. Once this information is gathered, food caterings will be reserved, taking into account the aforementioned. Please do be aware, however, that special dietary needs or food allergies will have to be communicated to the Organising Team. If you do not inform us of your needs, we cannot guarantee that we'll be able to cater for them.

5. What is included in the participation fee?

The participation fee includes 4 accommodation nights, and all meals and coffee breaks from the 15th of April until the 19th of April. Please be aware that you will have to cover the costs of the Committee Dinners and extra snacks or drinks during evening activities. Materials are also included in the participation fee, although we do advise you to bring a notebook and a pen, which may come in handy at any point.

6. How do I academically prepare for the Session?

A National Session requires a great level of academic preparation and you are expected to have some knowledge on the topic your assigned committee will debate. Nevertheless, it is up to your Chairperson to instruct you on the best way to prepare for Committee Work, as this largely depends on the chairing style and the topic at stake. Therefore, we would recommend you to contact your Chairperson. On a general note, you are expected to have read the Academic Preparation Kit, that will be made available to you prior to the session's commencement.

7. When will I be assigned my committee and my topic?

After being registered into the session, we will send you another email with the different committees and the topic overview of each of them so that you can choose the one you prefer the most. However, the Organising Team cannot assure you that you will be given your first option, it will depend on the availability of places, but we will try to suit your desires as much as we can.

CONTACT

Welcome to Barcelona 2020! The organising team is looking forward to meeting you.

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By not printing this booklet you will
be contributing to a **better and
sustainable world** for all living beings

